HIV/AIDS among Hispanic/Latino Youth

Hispanic/Latino youth were **23%** of the HIV diagnoses in the US and **20%** of the AIDS diagnoses in the US.

The HIV diagnosis rate for Hispanic/Latino youth increased from 2010 to 2015.

<table>
<thead>
<tr>
<th>Year</th>
<th>HIV Diagnoses</th>
<th>AIDS Diagnoses</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010</td>
<td>1,740 latinos</td>
<td>1,647 latinos</td>
</tr>
<tr>
<td>2015</td>
<td>2,247 latinos</td>
<td></td>
</tr>
</tbody>
</table>

Hispanic/Latino youth are more likely to have sex at a younger age than non-Hispanic white youth and less likely to use condoms.

With higher rates of unexpected pregnancy due to early sexual activity.

Risking infection of HIV & other STI’s*

*sexually transmitted infections

How was school?

Hey mom, I just got home

There is a lack of medically accurate sex education in public schools.

Adolescents are at risk of catching HIV through STI’s by having sex earlier & with older partners.

43% of Hispanic/Latino adolescents in the US have had sex.

5% of these have had sex before the age of 13.

Hispanic/Latino youth face language barriers and discrimination.

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SPEAK ENGLISH!

¡Dios mio!

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Sexual activity

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HIV/AIDS AMONG HISPANIC/LATINO YOUTH

Hispanic/Latino Youth are at considerable risk for HIV. On average, Hispanic/Latino adolescents engage in sexual debut at an earlier age compared to their non-Hispanic white counterparts and are less likely to use condoms consistently. These factors result in higher rates of unintended pregnancy and risk of sexually transmitted infection (STI) including HIV.

THE FACTS

• In 2015 an estimated 9,000 youth aged 24 years and younger were diagnosed with HIV in the United States and 6 dependent territories: Hispanic/Latino youth represented 23% (2,041) of the diagnosis compared to 17% (1,524) non-Hispanic white youth.

• In 2015, an estimated 1,529 youth ages 24 and younger were classified with stage 3/AIDS in the US and 6 dependent territories. Hispanic/Latino youth represented 21% (316) of the classification compared to 11.4% (175) non-Hispanic white youth.

• Among male adolescents and youth between the ages of 13 and 24 years living with a diagnosis of HIV infection year-end 2014 in the United States and 6 dependent areas, 21% (7,998) were Hispanic/Latino compared to 13.7% (5,248) non Hispanic white.

• CDC defines adolescents as being between the ages of 13 and 19 and young adults as being between the ages of 20 and 24.

RISK FACTORS

• Age: Adolescence is on itself a risk factor. Youth with an early age of sexual debut are at higher risk for STIs, including HIV. Other risk factors include having older sexual partners, and more lifetime partners. Furthermore, STIs place an individual at higher risk for acquiring HIV. According to data from the recently released Youth Risk Behavioral Survey (YRBS) 2015, 43% of Latino adolescents in the United States have had sexual intercourse compared to 40% of their non-Hispanic white counterparts; of these 5% had engaged in sexual intercourse prior to the age of 13 – twice the percentage of non-Hispanic white youth (2.5%).

• Cultural stressors: Latino youth living in the United States are exposed to social and structural stressors, including discrimination and language barriers that make them more vulnerable to engaging in risky behaviors that increase the risk of HIV acquisition.

• Lack of comprehensive, medically accurate sex education: State-by-state variation in mandated comprehensive and medically accurate sexual health education within the public school system exists in the US. Furthermore, medical providers may be hesitant to discuss sex and sexuality with youth.

• Lack of communication with parents/adult caregivers: Parents in the US often feel uncomfortable discussing sex with their children. Studies indicate that communication between teens and their parents is associated with delayed age of sexual debut, lower rates of sexual activity, less risky behavior, and lower rates of teen pregnancy.


